HOW TO CONNECT TO WEBMAIL TO RECEIVE SHA EMAIL

You are required to maintain acceptable Security levels on the devices used to connect to email. This includes your Operating System being up-to-date, current Virus Scan software and not connecting to your email from public (internet café) or untrusted computers.

Please refer to the table below to find your Domain, Server Address and User Name (computer login name) format according to the former Health Regions.

Former Region	Webmail Address	Format of User Name	Domain
Cypress (Swift Current)	https://webmail.ehealthsask.ca	FLast	chr
Five Hills (Moose Jaw)	https://mail.fhhr.ca/owa	FLast	fhhr
Regina Qu'Appelle (Regina)	https://webmail.rqhealth.ca	LastFirst	rqhealth
Sun Country (Weyburn, Estevan)	https://webmail.ehealthsask.ca	FILast	ntschd
Sunrise (Yorkton)	https://webmail.ehealthsask.ca	FLast	sunrise
Heartland (Outlook, Kindersley, Rosetown)	https://webmail.ehealthsask.ca	FLast	hrha
Saskatoon (Saskatoon)	https://webmail.saskatoonhealthregion.ca	LastF	sktnhr
Prince Albert (Prince Albert, Spriritwood)	https://webmail.ehealthsask.ca	FLast	paphr
Prairie North (North Battleford, Lloydminster)	https://mymail.pnrha.ca/owa	FLast	pnrha
Keewatin Yatthe (La Loche)	https://mymail.pnrha.ca/owa	FLast	kyrha
Kelsey Trail (Melfort, Tisdale)	https://webmail.ehealthsask.ca	FLast	kthr
Mamawetan Churchill (La Ronge)	https://webmail.ehealthsask.ca	FLast	health
SKHealth Domain	https://webmail.saskhealthauthority.ca	FLast	health

If you require support with configuring devices, please contact the eHS Service desk at 1-888-316-7446.

1. Open your web browser of choice

   Browser Examples: Safari, Chrome, Edge, FireFox

2. In the address bar, type in the Webmail Address for your former Region from the table above

   Examples of Webmail Address:

   https://webmail.saskatoonhealthregion.ca – Former Saskatoon

   https://webmail.rqhealth.ca – Former Regina Qu'Appelle

   https://webmail.ehealthsask.ca – Former Sunrise

3. A Login page will open:

   URLs with ehealthsask.ca, rqhealth.ca, saskatoonhealthregion.ca, and saskhealthauthority.ca
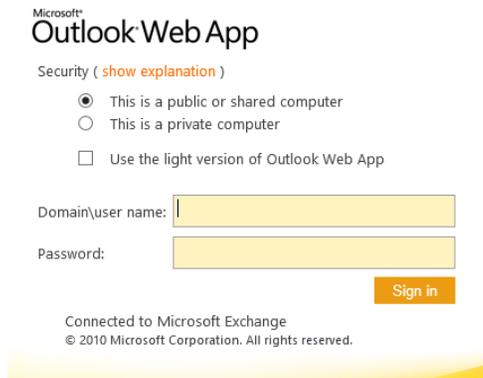
   URLs with PNRHA, KY, Five Hills

4. Use your computer domain\User name and Password to access your email

   Domain\Username Examples:

   sktnhr\SMITHJ – Former Saskatoon

   rqhealth\SMITHJOHN – Former Regina Qu'Appelle

   sunrise\JSMITH – Former Sunrise

5. Changes to certificate configuration on newer web browsers may lead to the an error of "Your connection isn't secure"

   Your connection isn't secure

   This site uses an outdated security configuration that might expose your personal information when it's sent to this site (for example, passwords, messages, or credit cards).

   NET::ERR_SSL_OBSOLETE_VERSION

   Advanced   Go back
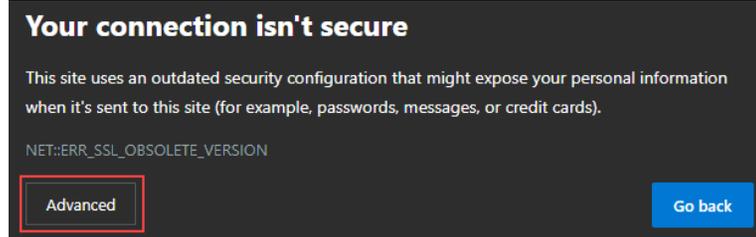
   Click on the Advanced button and on the next window click "Continue to…."

   The connection used to load this site is TLS 1.0 or TLS 1.1, which are outdated and will be turned off in the future. When these are turned off, you won't be able to load the site. The server should use TLS 1.2 or later.

   Continue to mymail.pnrha.ca (unsafe)
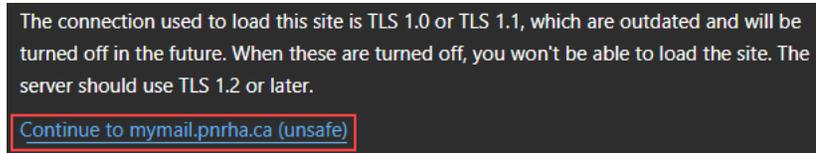
6. Your email should now be visible to you
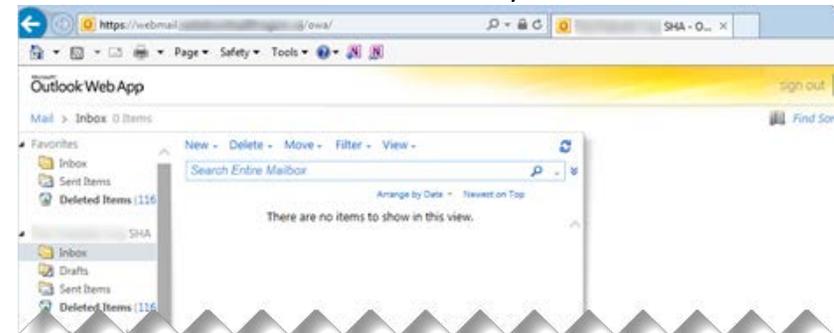
   If you receive a login error or access denied, please contact the Service Desk @ 1-888-316-7446 and have them check your permissions